Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Saturday 07 Oct 2023 until 23:59 on Sunday 08 Oct 2023

Forecast Issued on Saturday 07 Oct 2023 at 03:17 by Met Office Aberdeen

Confidence: High for a wet day on Saturday then weather improving on Sunday afternoon. Lower confidence on details next week.

Headline for Saturday 07 Oct 2023: Cloudy and wet with persistent heavy rain. Feeling cold.

Mountain weather hazards on Saturday 07 Oct 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
High Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Light rain	Light rain	Light rain
Precipitation probability					
90%	90%	>95%	90%	80%	50%

Forecast for Saturday 07 Oct 2023

Weather: Cloudy with rain continuing, persistent and heavy at times especially through the morning and early afternoon. Rain will turn lighter and patchier from mid-afternoon.

Chance of cloud-free hill tops above 800m: Little chance.

Low Cloud and visibility: Often misty with poor visibility in persistent rain and clouds well down the hills. There may be a few pockets of good visibility and clouds lifting higher up the hills at times.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Forecast for Saturday 07 Oct 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	26/31 SE	27/34 SE	22/29 E	17/23 E	21/29 E	25/33 E	24/32 SE
900	21/26 SE	22/29 SE	19/25 E	16/22 SE	19/26 E	22/30 SE	21/29 SE
600	12/16 E	13/19 E	11/15 E	10/15 N	13/19 E	18/25 SE	17/25 SE
300	6/8 N	9/13 NE	9/14 N	6/11 N	7/17 E	14/27 E	14/28 E
Glen	13/27 NE	10/22 NE	12/24 NE	8/19 NE	8/19 NE	8/18 NE	7/16 NE

Height (m)	Temperature / Feels Like (°C)						
1300	4/-2	4/-3	3/-2	4/-1	2/-3	2/-5	2/-5
900	4/-1	4/-1	4/-1	4/-1	3/-2	3/-3	3/-2
600	10/7	9/6	9/6	7/4	8/5	8/4	8/4
300	9/8	8/6	8/5	8/7	8/6	8/4	8/4
Glen	9/6	10/8	10/7	10/8	10/8	9/7	10/8
Freezing Level*	3200m	3300m	3200m	3300m	3300m	3300m	3300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Very difficult walking due to persistent rain, bitterly cold feel and very wet underfoot conditions.

Forecast for Sunday 08 Oct 2023
Weather: Cloudy morning with further rain, heavy at first. The rain will clear away early in the afternoon with drier, brighter weather following.

Maximum wind: Fresh south or southwest winds, average speeds of 20mph and gusts 30mph on the tops.

Chance of cloud-free hill tops above 800m: Little chance in the morning, improving 70% in the afternoon.

Low Cloud and visibility: Poor visibility in persistent rain in the morning with extensive cloud cover down around 600m. Visibility will improve good in the afternoon with clouds lifting and breaking up.

Temperature: **Glens:** Plus 7 Celsius rising to 14 Celsius.
At 800m: Plus 4 Celsius.
Freezing level: Above the tops.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.